

How To Play Sepak Takraw Basic Rules Bangkok

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How To Play Sepak Takraw

How to Play Sepak Takraw? - The rules and regulations of Sepak takraw are very much similar to that of volleyball. The rules vary based on event levels and organizations.

How to Play Sepak Takraw? - Tutorialspoint

Set up the court. The court is rectangular and measures 13.4 meters by 6.1 meters, approximately the same size as a badminton court. The net is in the middle of the court and should be 1.52m high. A service circle should be drawn 3.05m from the back line and 2.45m from the sidelines.

How to Play Sepak Takraw: 15 Steps (with Pictures) - wikiHow

Scoring in Sepak Takraw is relatively simple with a side receiving a point every time their opponents fault. Faults (which result in a point for the opposition) include: The Tekong jumping off the ground to make the service

Sepak Takraw Rules: How To Play Sepak Takraw | Rules of Sport

Sepak takraw is played between two teams of three players; the left inside, right inside and back. The court is about the same size as a badminton court (20 by 44 feet) and the net is 1.52 metres high.

HOW TO PLAY SEPAK TAKRAW - 012796jonel

-Editor Picks: Anushka Sharma, Virat Kohli expecting their first child in January 2021; Rob Holding Biography: Age, Height, Achievements, Controversy and Net Worth

Sepak Takraw History, Rules and How to Play this Game

After learning sepak takraw rules, then we will be on our way to learning how to play sepak takraw like the pros. Source: "Mid Air" by Joey Marasek - Under Commercial use license. What is Sepak Takaraw? Sepak Takraw literally translates to "Kick the ball".

What Are Basic Sepak Takraw Rules And Scoring?

Sepak Takraw or kick volleyball is a Southeast Asian sport, where players use their feet, knee, chest, and head to touch and control the ball. Sepak in Malay word which means kick whereas takraw symbolizes the woven rattan ball used in the game. The game has also a lot of resemblances with games like footbag net, footvolley, football tennis ...

Sepak Takraw Tutorial - Tutorialspoint

A game of Sepak Takraw is played between two teams (known as Regu). Each Regu has three players on court and two substitutes. The players on court are the striker, server and feeder .

Rules and regulations of Sepak Takraw - ActiveSG

The nativity of sepak takraw dawns on us when we dissect its etymology – ‘sepak’ translates to ‘kick’ in Malay, and ‘takraw’ is a term for rattan balls (also malocco balls, after their prime source of import), i.e. it literally means ‘to kick a rattan ball’.

What is the Origin of Sepak Takraw and How is it Played?

Sepak takraw, or kick volleyball, is a sport native to Southeast Asia. Sepak takraw differs from the similar sport of footvolley in its use of a rattan ball and only allowing players to use their feet, knee, chest and head to touch the ball. In Indonesia, Brunei, Singapore and Malaysia it is called sepak takraw.

Sepak takraw - Wikipedia

Sepak takraw smitcH two teams separated by a net, as in badminton. Sepak takraw team consists of three players.Skipper to kick start and control the back court. Surround left and right to control the front of the wedge ring and take on the main task of turning off the ball in a tennis opponent.

Traditional Games in Malaysia: Sepak Raga / Sepak Takraw

🌐 Website http://www.DarkDragonWing.com 🌐 Facebook http://bit.ly/FacebookDDW 🌐 Online Store http://bit.ly/eBayDDW 🌐 Product Recommendations http://bit ...

Sepak Takraw | Skills Practicing TUTORIAL - YouTube

Ninh explains the Rules of Sepak Takraw, a strangely popular sport played worldwide particularly in East Asia. A beginner's explanation of Sepak Takraw, othe...

The Rules of Sepak Takraw - EXPLAINED! - YouTube

A game of Sepak Takraw is played between two Regus - each consisting of three players. Each player takes up a specific role in the game, either as a Tekong, a Killer or a Feeder. Their role also determines their positions on the court. The Tekong typically stands at the back, while the two other team members stand on opposite ends.

Game procedure and player positions in Sepak Takraw - ActiveSG

Basic rules and scoring for sepak takraw are similar to volleyball. Each team is allowed a maximum of 3 touches of the ball to pass it over the other side - without letting it touch the ground, of course. The first team to score either 15 or 21 points, depending on the rules in play, wins the set. The team that prevails in 2 sets wins the match.

Sepak Takraw in Bangkok - What You Need to Know About ...

How to play Sepak Takraw - basic rules Sepak takraw is played between two teams of three players; the left inside, right inside and back. The court is about the same size as a badminton court (20...

Sepak Takraw - basic rules - Google Docs

In order to play Sepak Takraw, you'll have to get a Sepak Takraw ball because it really what makes the game special and i'm afraid no other ball you might have at home, can do the same. The Takraw Ball Product Made in Thailand by Khao San Road is a good place to start.