

The Resilient Physician Effective Emotional Management For Doctors And Their Medical Organizations

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The Resilient Physician Effective Emotional

The Resilient Physician will explain how managing emotions is key to personal stress-resilience and to building successful organizations. It will teach physicians how to deal with others effectively and flexibly. And it will teach physicians how to manage their own stress reactions and how to respond to others when they are stressed.

The Resilient Physician: Effective Emotional Management ...

Physicians today may face more stress than any other group of professionals. Long hours, continual training, and constant change in the workplace complicate their already stressful lives. This book should help physicians maintain control of their emotions, their practices and their lives.

The Resilient Physician: Effective Emotional Management ...

The Resilient Physician: Effective Emotional Management for Doctors & Their Medical Organizations by Wayne M. Sotile (2002-01-04) on Amazon.com. *FREE* shipping on qualifying offers. The Resilient Physician: Effective Emotional Management for Doctors & Their Medical Organizations by Wayne M. Sotile (2002-01-04)

The Resilient Physician: Effective Emotional Management ...

The Resilient Physician: Effective Emotional Management for Doctors and Their Medical Organizations / Edition 1 available in Paperback. Add to Wishlist. ISBN-10: 1579472435 ... The Resilient Physician provides the knowledge physicians need to effectively take on new challenges. ...

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Equal parts personal and practical, The Resilient Physician is a must-have for any clinician or medical professional seeking better understanding and outcomes when handling the constant demands of this high-stress - but ultimately rewarding - career.

The Resilient Physician | SpringerLink

The Resilient Physician: Effective Emotional Management for Doctors and Their Medical Organizations American Medical Association Press. Tan, Chade-Meng (2012) Search Inside Yourself: The Unexpected Path to Achieving Success.

Building Resilience: Turning Challenges Into Success ...

Wayne M. Sotile, Ph.D. is an international thought leader on physician resilience and one of the world's most seasoned clinicians specializing in life coaching for physicians and medical families. A former faculty member of the Wake Forest University School of Medicine, Dr. Sotile is the Founder of the Sotile Center for Resilience and the Center ...

The Thriving Physician: How to Avoid Burnout by Choosing ...

Four main aspects of physician resilience were identified: 1) attitudes and perspectives, which include valuing the physician role, maintaining interest, developing self-awareness, and accepting personal limitations; 2) balance and prioritization, which include setting limits, taking effective approaches to continuing professional development, and honouring the self; 3) practice management style, which includes sound business management, having good staff, and using effective practice ...

Building physician resilience - PubMed Central (PMC)

Resilient persons typically engage in positive thinking and are willing to face challenges. They seldom get frustrated when problems arise and they usually rebound from adversity. Although some people believe resilience is innate, this trait can be developed using a number of techniques. Self-care is a central component of developing resilience.

Developing Resilience and Avoiding Physician Burnout, Part ...

Themes were grouped into conceptual categories. MAIN FINDINGS Four main aspects of physician resilience were identified: 1) attitudes and perspectives, which include valuing the physician role, maintaining interest, developing self-awareness, and accepting personal limitations; 2) balance and prioritization, which include setting limits, taking effective approaches to continuing professional development, and honouring the self; 3) practice management style, which includes sound business ...

Building physician resilience | The College of Family ...

Wayne M. Sotile, PhD, is the founder of the Sotile Center for Resilience and the Center for Physician Resilience in Davidson, North Carolina. As an international thought leader on physician behavior and resilience for high performers, he consults widely with medical group practices, healthcare systems and corporations interested in learning evidence-based strategies for deepening resilience, collaboration and collegiality and promoting team engagement while coping with change.

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Amazon.com: Customer reviews: The Resilient Physician ...

The Resilient Physician: Effective Emotional Management for Doctors and Their Medical Organizations American Medical Association Press. The Vanderbilt University Human Resources offers Organizational Development services for work groups.

Resilience Skill Development | Vanderbilt Faculty & Staff ...

- The Resilient Physician: Effective Emotional Management for Doctors and Their Medical Organizations, Wayne M Sotile & Mary O. Sotile
- The Medical Marriage: Sustaining Healthy Relationships for Physicians and Their Families, Wayne M. Sotile & Mary O. Sotile
- Staying Human During Residency Training, 4th ed., Allan D. Peterkin, MD

PowerPoint Presentation

Adverse Events, Stress, and Litigation: A Physician's Guide by Sara Charles, MD and Paul Frisch, JD; The Resilient Physician: Effective Emotional Management for Doctors and Their Medical Organizations by Wayne M. Sotile and Mary O. Sotile; The Medical Marriage: Sustaining Healthy Relationships for Physicians and Their Families by Wayne M ...

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